



## Course route: cycle team volunteer

### Why we need you

Cancer Research UK need enthusiastic and resilient individuals to act as marshals on the course during our night-time walking marathon, Shine. You will be the eyes and ears of Shine, looking out for the welfare of our dedicated participants.

### What will you be doing?

You may be asked to:

- Cycle around parts of the route assisting participants and other volunteers
- Guide and direct participants at the start and finish areas and around the course
- Encourage and cheer on our participants
- Use a radio to log progress and inform the course co-ordinator of incidents
- Assist participants at water stations and pit stops

### What skills do you need?

- Confidant cyclist with use of your own bike
- Great interpersonal and communication skills
- Practical skills and initiative
- A willingness to work as part of a team
- Enthusiasm and a pro-active attitude
- A flexible approach
- Be resilient as, you will be positioned on the route in the evening, encouraging tired participants.

### How much time do you need to commit?

As Shine is an overnight event we require individuals to choose shift times that suit their availability, more precise times will be given to you nearer the event date by your Event Manager. Please note, due to health and safety regulations and for your welfare we recommend that you do not register for consecutive shifts.

Shine Manchester 2011	Shine Glasgow 2011	Shine London 2011
Sunday 1 <sup>st</sup> May (overnight)	Saturday 10 <sup>th</sup> September (overnight)	Saturday 1 <sup>st</sup> October (overnight)
Monday 2 <sup>nd</sup> May (morning)	Sunday 11 <sup>th</sup> September (morning)	Sunday 2 <sup>nd</sup> October (morning)

### What support will you be given?

You will be contacted before the event to discuss any queries and you will receive a full briefing about the role on arrival. A team leader will brief, guide, support and work closely with you at the event.

### What are the benefits?

- The satisfaction of knowing that you are making a valuable contribution to Cancer Research UK
- The enjoyment of meeting new people within your community and being a part of our local team
- The opportunity to develop communication and event fundraising skills
- Experience working with one of the UK's leading charities on a brand new event

### How do I sign up?

To sign up, simply fill in our online registration form at <http://shine.cancerresearchuk.org/support-shine/volunteer> and enter your details.

