



General volunteer

Why we need you

Cancer Research UK need enthusiastic and practical individuals, who are prepared to be placed in a variety of roles as required during the first ever night-time walking marathon, Shine. If you cannot decide which role is for you, can turn your hand to anything and you like the element of surprise then let us choose for you by applying for a general volunteer role.

What will you be doing ?

You may be asked to:

- Help and support Team Leaders in various roles
- Help in the start and finish area
- Encourage and cheer on participants on the course
- Help with administration
- Help with the set up and de-rig procedure

What skills do you need ?

- Great interpersonal and communication skills
- Practical skills and initiative
- A willingness to work as part of a team
- Enthusiasm and a pro-active attitude
- A flexible approach
- Be physically active as this role may involve some heavy lifting

How much time do you need to commit ?

As Shine is a night-time event we require individuals to choose shift times that suit their availability. Please note due to health and safety regulations and for your welfare we recommend that you do not register for consecutive shifts.

| Thursday 15 th April | Friday 16 th April | Saturday 17 th April | Sunday 18 th April |
|---------------------------------|-------------------------------|---------------------------------|-------------------------------|
| 10:00 – 16:00 | 10:00 – 16:00 | Midday – 18:00 | Midnight – 06:00 |
| | | 18.00 – Midnight | 06.00 - Midday |
| | | | Midday- 6 pm |

What support will you be given ?

You will be contacted before the event to discuss any queries and you will receive a full briefing about the role on arrival. A team leader will brief, guide, support and work closely with you at the event.

What are the benefits ?

- The satisfaction of knowing that you are making a valuable contribution to Cancer Research UK
- The enjoyment of meeting new people within your community and being a part of our local team
- The opportunity to develop communication and event fundraising skills
- Experience working with one of the UK's leading charities on a brand new event

How to sign up

To sign up, simply fill in our online registration form at <http://shine.cancerresearchuk.org/volunteer> and enter your details.

